



## **The Embodied Mind**

**Thomas Verny MD interviewed by Matthew Appleton**

**Free online webinar**

Tuesday 5th December

19.00 - 20.00 GMT / 20.00 - 21.00 CET

Thomas R. Verny is a psychiatrist, writer, academic, and founder of the Association for Pre-and Perinatal Psychology and Health (APPPAH). He has previously taught at Harvard University, University of Toronto, York University, Toronto and St. Mary's University Minneapolis, Minnesota. Dr. Verny's groundbreaking book, *The Secret Life of the Unborn Child* became an international bestseller published in 27 countries that changed the pregnancy and childbirth experience for millions of families.

The topic of this interview is his most recent book "*The Embodied Mind*", which explores '*the mysteries of cellular memory, consciousness and our bodies*'. This research is especially valuable to those of us who work therapeutically with pre and perinatal memories.

**To book a place email [info@conscious-embodiment.co.uk](mailto:info@conscious-embodiment.co.uk)** (places are limited).